

# HOW WIC HELPS

# FIVE SANDOVAL PUEBLOS



## State WIC Director

Karen Griego-Kite  
4321 Fulcrum Way, Suite B  
Rio Rancho, NM 87144

505.771.5387  
kgriegoKite@fsipinc.org

### Mission of WIC

Assuring healthy pregnancies, birth outcomes, growth and development for mothers, babies, and young children to age 5 who are at nutritional risk. Providing nutritious supplemental foods, breastfeeding promotion and support, education on healthy eating, and referrals to healthcare and critical social services.



# 40%

OF INFANTS BORN IN THE UNITED STATES PARTICIPATE IN WIC



# 51%

OF ELIGIBLE INDIVIDUALS IN THE UNITED STATES PARTICIPATE IN WIC

## WHO PARTICIPATES IN WIC IN FIVE SANDOVAL PUEBLOS?

# 150

### WIC PARTICIPANTS

Pregnant women.....	9
Breastfeeding women.....	13
Postpartum women.....	6
Infants.....	35
Children.....	87

## BREASTFEEDING IN WIC

In 2022, **24 percent** of 6- to 13-month-old infants and children in the Five Sandoval Pueblos initiated breastfeeding.



Among WIC infants who initiated breastfeeding in Five Sandoval Pueblos in 2022, **20 percent** continued breastfeeding at 6 months.



**Fruit and Vegetable Benefit:** Congress enhanced WIC’s fruit and vegetable benefit to align with scientific recommendations. Current monthly benefit amounts are \$26 for children, \$47 for pregnant and postpartum participants, and \$52 for breastfeeding participants. In FY 2023, WIC provided an estimated **\$41,664** in fruit and vegetable benefits to **115** participants in Five Sandoval Pueblos.

## FIVE SANDOVAL PUEBLOS WIC PARTICIPANT CHARACTERISTICS

# \$27,187

AVERAGE FAMILY INCOME

# 75%

RECEIVED MEDICAID

# \$65.79

AVERAGE MONTHLY FOOD COST IN FY 2023

## HOW WIC SUPPORTED THE FIVE SANDOVAL PUEBLOS ECONOMY IN FY 2023

# \$118,749

TO SPEND AT FOOD RETAILERS

# \$1,101

FORMULA REBATES RECEIVED

# \$805,449

NUTRITION, BREASTFEEDING SERVICES & ADMIN

Sources: WIC eligible individuals participating from USDA WIC Eligibility Estimates report for 2021 (<https://www.fns.usda.gov/wic/eligibility-and-program-reach-estimates-2021>). WIC participants and economic impact from USDA WIC Data Tables for fiscal year (FY) 2023 (<https://www.fns.usda.gov/pd/wic-program>) as of June 20, 2024. Participant characteristics for 2022 and WIC breastfeeding and rates for years displayed from USDA WIC Participant and Program Characteristics reports (<https://www.fns.usda.gov/research/wic/participant-program-characteristics-2022>). WIC fruit and vegetable benefit calculated as the sum of FY 2023 issuance rates multiplied by average participation rates for each participant category from USDA WIC Data Tables. Maternal mortality from America’s Health Rankings ([https://www.americashealthrankings.org/explore/measures/maternal\\_mortality\\_c](https://www.americashealthrankings.org/explore/measures/maternal_mortality_c)). Infant mortality and preterm birth rate from CDC ([https://www.cdc.gov/nchs/pressroom/stats\\_of\\_the\\_states.htm](https://www.cdc.gov/nchs/pressroom/stats_of_the_states.htm)). Obesity outcomes from CDC (<https://www.cdc.gov/obesity/data/obesity-among-WIC-enrolled-young-children>).