

## Reflection and Discussion Questions

### Trust in the Lord – Proverbs 3:5

1. It was said in the lesson that to trust means: to place confidence in, to lean on, to rely or depend on, to take shelter in, to hope in, to be secure in without a care, to rest. Which of these descriptions fit how you want/need to trust in the Lord today?
2. What trial has God allowed in your life today? Are you flailing about... or are you resting in the cleft of the Rock? Are you being a tumbleweed... or a tree?
3. How reliable is your own understanding by itself?
4. How does *loving* the Lord with all your heart and *trusting* in the Lord with all your heart go hand in hand? (See Deuteronomy 6:5)
5. From the following verses, write down truths that encourage you to trust in the Lord.

Psalm 32:10

Psalm 34:8, 22

[Type here]

Jeremiah 39:18

Nahum 1:7

1 Timothy 6:17

6. What “eternal view” has the Lord shown you during a time of trouble, from high upon the Rock? (Psalm 27:5)
  
7. Sit quietly with John 13:23, in the NKJV. Picture yourself there. Is there anything Jesus whispers to your heart, or is there anything meaningful to you there? What is it about Him that makes you trust in Him/lean on Him?