

Module 6: Geriatrics

Facilitator Notes

This module takes 3 hours to deliver in an online session. At the end of the session students should understand that geriatrics is a branch of medicine that deals with the problems and diseases of old age and the medical care and treatment of the aging population.

Student Guide/Materials

Eliopoulos, C. (April 1, 2015). Fast Facts for Long Term Care Nurse: *What nursing home and assisted living nurses need to know in a nutshell*. Springer Publishing Company, 1st edition. Philadelphia.

Skill Assessment

In this module, students will be assessed for their use of these skills:

- Holistic approach
- Patience
- Ability to cope with death
- Critical thinking
- Flexibility
- Focus on preventative care

Learning Activity

Identify the difference between dementia and Alzheimer. Name the three stages of Alzheimer. Discuss your findings with your partner.

Clinical Scenario 1

Jeff's mother Audrey is a resident of the "no-restraint" care facility where you work as a nurse. Audrey has dementia and recently had a fall in your facility. Jeff is upset about the fall and wants to talk to a nurse.

You have two (2) minutes to read the scenario. You will have seven (7) minutes to:

- Obtain a brief, focused and relevant history
- Address client concern
- Conduct a physical assessment as needed

NOTE: As they proceed with the examination, the candidates must explain to the examiner what they are doing and describe any findings

At the seven (7) minute mark, you will have four (4) minutes to answer the examiner's questions related to the scenario.

Candidates will have eleven (11) minutes to complete the station

Clinical Scenario 2

70-year-old Josh has Type 1 Diabetes. He presents with cellulitis on his left foot with a small wound which is not healing. Josh has been in and out of hospital with the same issue for the past month.

You have two (2) minutes to read the scenario. You will have seven (7) minutes to:

- Obtain a brief, focused and relevant history
- Address client concern
- Conduct a physical assessment as needed

NOTE: As they proceed with the examination, the candidates must explain to the examiner what they are doing and describe any findings

At the seven (7) minute mark, you will have four (4) minutes to answer the examiner's questions related to the scenario.

Candidates will have eleven (11) minutes to complete the station

Clinical Scenario 3

75-year-old Josh is at the post-op unit complaining about severe pain in his right ankle. This is his second day in post-op following hip surgery.

You have two (2) minutes to read the scenario. You will have seven (7) minutes to:

- Obtain a brief, focused and relevant history
- Address client concern
- Conduct a physical assessment as needed

NOTE: As they proceed with the examination, the candidates must explain to the examiner what they are doing and describe any findings

At the seven (7) minute mark, you will have four (4) minutes to answer the examiner's questions related to the scenario.

Candidates will have eleven (11) minutes to complete the station