

## Module 13: Rehabilitation

### Facilitator Notes

This module takes 3 hours to deliver online. In this module students learn that rehabilitation nurses assist patients/clients with chronic diagnosis as well as any disability which requires ongoing maintenance. They learn that the rehabilitation program allows a therapeutic relationship between the nurse and the client/patient as they slowly adapt to an alternate lifestyle while involving positive changes and lasting outcomes.

### Student Guide/Materials

O'Sullivan, S.B., Schmitz, T.J. and Fulk, G. (January 25, 2019). *Physical Rehabilitation*, 7<sup>th</sup> Ed. F.A. Davis Company. Philadelphia.

### Skill Assessment

In this module, students will be assessed for the following skills:

- Specialized knowledge and clinical skills to treat clients with chronic and acute physical disability
- Coordinate a holistic approach to meeting the client's medical, educational and environmental needs
- Apply nursing research to clinical practice and participate in nursing research studies
- Work autonomously
- Work collaboratively
- Communication skills
- Serve as resource and role model for nursing students
- Delegate and coordinate care to staff members
- Perform hands-on nursing care by utilizing nursing care process to achieve quality outcomes for clients

### Learning Activity

Study the anatomy illustration. With a partner differentiate between long and short bones.

### **Clinical Scenario 1**

*A client was discharged around 4 days ago after hemicolectomy surgery. Today is 9-day post-op. You are the home care nurse assigned to perform daily wound dressing.*

You have two (2) minutes to read the scenario. You will have seven (7) minutes to:

- Obtain a brief, focused and relevant history
- Address client concern
- Conduct a physical assessment as needed

NOTE: As they proceed with the examination, the candidates must explain to the examiner what they are doing and describe any findings

At the seven (7) minute mark, you will have four (4) minutes to answer the examiner's questions related to the scenario.

Candidates will have eleven (11) minutes to complete the station

### **Clinical Scenario 2**

*A post-CABG client is being discharged but is anxious about returning home.*

You have two (2) minutes to read the scenario. You will have seven (7) minutes to:

- Obtain a brief, focused and relevant history
- Address client concern
- Conduct a physical assessment as needed

NOTE: As they proceed with the examination, the candidates must explain to the examiner what they are doing and describe any findings

At the seven (7) minute mark, you will have four (4) minutes to answer the examiner's questions related to the scenario.

Candidates will have eleven (11) minutes to complete the station

### **Clinical Scenario 3**

*Mr. Razi is a 30-year-old paraplegic male post-fracture of T12 who was discharged to return home 2 days ago. Mr. Razi's pain is not under control, and he is struggling with his activities. You are the home care nurse assigned to assess the client.*

You have two (2) minutes to read the scenario. You will have seven (7) minutes to:

- Obtain a brief, focused and relevant history
- Address client concern
- Conduct a physical assessment as needed

NOTE: As they proceed with the examination, the candidates must explain to the examiner what they are doing and describe any findings

At the seven (7) minute mark, you will have four (4) minutes to answer the examiner's questions related to the scenario.

Candidates will have eleven (11) minutes to complete the station