

Introduction

Facilitator Notes

Alberta Registered Nurses Assessment Program (ARNAP) is a standardized assessment that tests the knowledge, skills and judgement of Internationally Educated Nurses (IENs). It assesses their language proficiency, comprehension, ethics, professionalism and performance during client interactions. The program was created by Touchstone Institute in collaboration with the College and Association of Registered Nurses of Alberta (CARNA).

ARNAP allows students to demonstrate their current knowledge, skills and abilities in the context of the Canadian health care system.

ARNAP identifies the student's eligibility to continue the registration process.

ARNAP Exam

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- The one-day exam is held semi-annually, normally in February and September
- The cost is \$1900 CAD
- The exam consists of two parts:
 - Multiple Choice (97 questions) completed within 2.5 hours
 - Objective Structured Clinical Exam (OSCE) includes 12 stations with a minimum of 13 minutes dedicated to each station

How do Students Prepare for the ARNAP?

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Students should review practice guideline documents including:

- College of Registered Nurses of Alberta. (2013). *Practice standards for regulated members*. Edmonton, AB: Author. <https://nurses.ab.ca/media/ztap24ri/practice-standards-for-regulated-members-2013.pdf>
- College of Registered Nurses of Alberta. (2019). *Supervision Standards*. Edmonton, AB: Author. <https://nurses.ab.ca/media/nzxmpzz5/supervision-standards-apr-2019.pdf>.
- College of Registered Nurses of Alberta. (2019). *Entry-Level Competencies for the Practice of Registered Nurses*. Edmonton, AB: Author. <https://nurses.ab.ca/media/5ndpyfar/entry-level-competencies-for-the-practice-of-registered-nurses-mar-2019.pdf>
- Canadian Nurses Association. *Code of Ethics for Registered Nurses (2017a)*. Ottawa, ON: Author. www.cna-aiic.ca/ethics.
- College and Association of Registered Nurses of Alberta. (2020). *Privacy and Management of Health Information Standards*. <https://nurses.ab.ca/media/4rip5x2o/privacy-and-management-of-health-information-standards-mar-2020.pdf>. Edmonton, AB: Author.

- Touchstone Institute (2019). *Alberta Registered Nurses Assessment Program*. Touchstone Institute. <https://touchstoneinstitute.ca/assessment/arnap/>

Students should gain confidence in their clinical skills and theory through regular study and practice.

Students should participate in study groups where they can practice in preparation for the final exam.